The State of
Our Elders & Their Caregivers

Nearly 20% of the U.S. population provides unpaid care to an adult with health or functional needs.

- TIAA Institute & University of Pennsylvania

One in five Americans 65 and older don't drive, with **40% unable to complete activities** for themselves because they don't have transportation.

- National Council on Aging

24% of U.S. adults over 65 are **socially isolated.**

- National Institute of Health

Almost half of all caregivers report **taking on debt** to provide care.

- TIAA Institute & University of Pennsylvania

Chronic loneliness significantly elevates risk of comorbid conditions like **diabetes** and **hypertension.**

- U.S. Surgeon General

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Family Caregivers & Aging Support Toolkit

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