

# The State of Trauma Awareness



**25% of U.S. children** will experience at least one **traumatic event** by **age 16.**

- National Child Traumatic Stress Network



**6% of the world** population experiences **post-traumatic stress disorder (PTSD)** at some point in their lives.

- National Institutes of Health



About **70% of U.S. adults** have experienced a traumatic event at **least once** in their lives.



- National Council for PTSD



**Trauma can present** in the form of chronic pain, headaches, gastrointestinal issues and other **physical manifestations.**

- World Health Organization



Visit [LucetHealth.com](https://www.lucethealth.com) to view the  
**Trauma Awareness Toolkit**