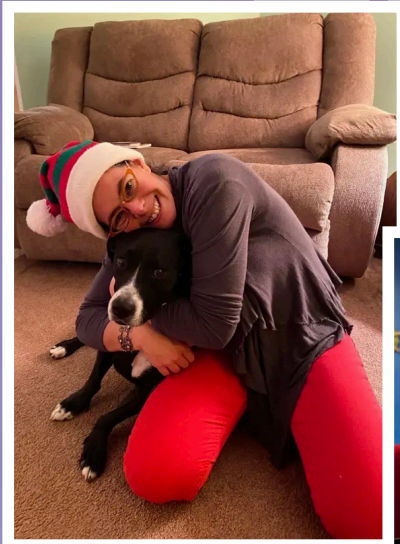
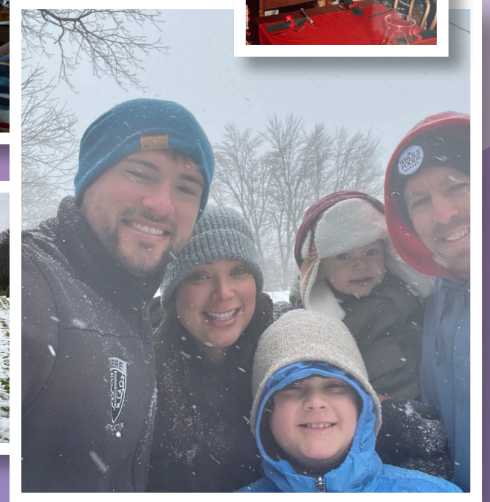


“You are a better person when you’re taken care of. The holidays don’t have to be stressful, and we are able to *redefine* what makes them *meaningful*.”

- Michele Nordquest,
Care Navigator



“This is stressful for everyone. *No one’s alone* or has to shoulder things alone. We can express that we’re a little stressed and we *need help*.”

- Marnie Levinson, Dir. of Engineering Operations



“Let your emotions out and *identify people who can help*. If you don’t ask for help, they’re not gonna know.”

- Tania Cruz-Santiago,
Clinical Support Coordinator

