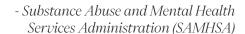
## The State of Mental Health

Up to 1 in 7 mothers experience postpartum depression following childbirth.

- National Institutes of Health

35% of adults over 18 in the U.S. with a mental disorder also have a substance use disorder.



Behavioral health disorders are the #1 cause of disability worldwide. More than cancer, diabetes, and heart disease.

- World Health Organization (WHO)

Men, older adults and military service members face particularly steep barriers to mental health care.



**Half** of children with parents who have a severe mental illness will **also develop a** mental illness in their life.

- National Institutes of Health



Visit LucetHealth.com to view the

Mental Health Awareness Toolkit

