



Discharge Your Patients with *Confidence*

Patients who are discharged from an Emergency Room or a Provider Facility with a behavioral health diagnosis or claim require proper next steps to ensure they are progressing with their recovery. We know that patients who **do not** attend or are not scheduled a follow-up appointment are significantly more likely to be readmitted, creating greater health risks.

Follow the checklist below to help guide you in properly discharging your patient:

Treatment Summary

Making sure your patient understands their treatment. Provide them with the following information to help make things more clear:

- ☐ Review patient diagnosis
- ☐ Provide a summary of the treatment they have just received

Medication Management

If your patient requires medication plan, closely review the following information with them:

- ☐ Review medications prescribed
- ☐ Review any medication updates made that are changes from what they were taking prior to the hospital.
- ☐ Medication schedule and instructions (dosage, interactions)

Follow-Up Care

Educating patients on the importance of attending follow-up care appointments can make the difference between successful recovery and readmission.

- ☐ Schedule a follow-up appointment (within 7 days of discharge)
- ☐ Provide referrals to in-network providers or call Lucet to schedule an appointment directly

Ensure Coordination of Care

- ☐ Communicate discharge details with patient's primary care provider
- ☐ Share necessary documentation with patient to bring to follow-up appointments

Patient Education

- ☐ Provide your patient with written instructions on their follow-up plan
- ☐ Offer resources for family or caregivers to support the patient's recovery
Read more about follow-up care [here](#).

Timely follow-up care is an essential step to patient recovery and improving health outcomes. With proper discharge and ensuring follow-up visits within 7 and 30 days, you can help support the continuity of care that helps meet HEDIS quality measures. ***Together, we can ensure patients receive the ongoing support they need.***

Why does this matter?

A focus on connection to care following hospitalization or a new diagnosis **positively impacts patient quality of life** and helps meet HEDIS follow-up care measures.

What is the goal?

Patient follow-up within 7 and 30 days of discharge—this reduces the 30 day readmission rates.

Patient engagement in 3+ Behavioral Health appointments within 48 days of Behavioral Health diagnosis



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Lucet brings decades of clinical experience, research and innovation to integrated health care services. Our mission is to help providers like you improve the quality of care delivery and outcomes for your patients with support from our care team.

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