

Primary Care Provider Toolkit

Connecting your patients to behavioral health care

As a primary care provider, you are likely helping your patients improve their mental health. Addressing mental health concerns and proper management of co-occurring medical treatment is important to the overall well-being of your patients. To help you facilitate seamless coordination of care, we've created a PCP toolkit for behavioral health.

Helping you help others

Use this toolkit to help your patients address mental health and substance use issues with:

- Screening tools to determine patient treatment and referral needs
- MD Consultation for psychiatry (medication) consults
- Resources for patient referrals and augmented treatment options, such as behavioral health care management services

Condition-specific toolkits

Identify and appropriately treat patients exhibiting signs of:

Suicidal Thoughts | Depression | Anxiety
PTSD | Substance Use | Chronic Pain

Visit [LucetHealth.com/providers/resources/pcp](https://www.lucethealth.com/providers/resources/pcp)
to access these resources and more.

1 in 5

primary care visits
address mental health
concerns

10-20%

of the general
population will consult
a primary care clinician
for a mental health
problem in the course
of a year

10-40%

of primary care patients
have a diagnosable
mental disorder

40-50%

of primary care
patients, who
are high utilizers,
exhibit significant
psychological distress

Sources: CDC; National
Academy of Sciences

◆ Optimize access across your behavioral health ecosystem

Contact us to learn more.
877-233-3262 | [LucetHealth.com/providers/resources/pcp](https://www.lucethealth.com/providers/resources/pcp)

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