## The State of

## Measurement-Based Care (MBC)

Though recognized as the foundation of effective care, fewer than 20% of behavioral health clinicians use MBC due to barriers to implementation.











-JAMA

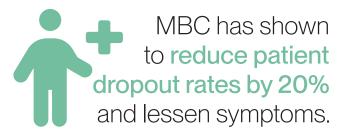
Myth: Completing assessments is a burden.

Fact: Patient feedback is widely positive regarding assessments and MBC.



Behavioral health patients are ~4x more likely to improve with MBC.

- Lambert & Shinokawa



- Jong, Conijn, Gallagher, Reshetnikova, Heij & Lutz

"It motivates clients to take a deep dive into specific areas where they are not seeing progress and helps therapists gauge their performance."

- Lucet provider using MBC

• Myth: MBC tools don't account for variation in clinical presentation.



Fact: MBC tools can be used to address a patient's overall acuity, including symptom severity and functionality, and inform treatment plans to improve both how patients feel and function.

Visit LucetHealth.com to access a white paper on our

effective approach to measurement-based care

